

## Joey Kathleen Freeman, PhD, RD

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### EDUCATION

2024	PhD, Education, Seattle Pacific University
2022	MEd, Digital Education Leadership, Seattle Pacific University
1996	MS, Nutrition, Central Washington University
1995	Dietetic Internship, Central Washington University
1994	BS, Food Science & Nutrition, Minor in Psychology, Central Washington University

### ACADEMIC HONORS

1994	Cum Laude, Central Washington University
1994	Inducted into Psi Chi Honorary Society, American Psychological Association

### PROFESSIONAL CREDENTIALS

1995-present	Registered Dietitian (RD), Commission on Dietetic Registration
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### ACADEMIC APPOINTMENTS

2022-present	Co-Director, Department of Family & Consumer Sciences, Seattle Pacific University
2018-present	Dietetic Internship Director, Seattle Pacific University
2015-2018	Director, Didactic Program in Dietetics, Seattle Pacific University
2015-present	Assistant Professor of Nutrition, Seattle Pacific University
2010-2015	Instructor of Dietetics, Seattle Pacific University
Spring, 2010	Adjunct Professor of Nutrition, Seattle Pacific University
2007-2008	Adjunct Professor, Food Science and Nutrition, Central Washington University
2005-2006	Instructor of Food and Nutritional Sciences, Seattle Pacific University
2005	Adjunct Professor of Food Science and Nutrition, Central Washington University
2004-2005	Visiting Instructor of Food and Nutritional Sciences, Seattle Pacific University

## **ADDITIONAL PROFESSIONAL EXPERIENCE**

2008-2011	Clinical Dietitian, Multi Care Health Systems
2004-2007	Nutrition Instructor, Office of Superintendent of Public Instruction
1999-2004	Food and Nutritional Services Supervisor, Tahoma School District
1997-1999	Director, Consumer Information and Nutrition, Washington State Beef Commission
1996-1997	Educational Products Research Dietitian, Health Comm., Inc.

## **COURSES TAUGHT**

### ***Seattle Pacific University***

2022-present	FCS 6940 Dietetic Internship Seminar
2020-2022	FCS 4949 Dietetic Internship Seminar
2015-2019; 2023	FCS 3310 The Profession of Dietetics
2018	UCOL 1000 University Colloquium
2017	FCS 4932 Community Kitchen Practicum
2012-2015	FCS 3352 Nutrition Education & Counseling
2012-2015	FCS 4352 Community Nutrition
2012-present	FCS 2375 Food Production & Management
2010-present	FCS 3365 Nutrition & Meal Planning
2010-present	FCS 3365 Nutrition & Meal Planning Laboratory
2010-2012	FCS 3350 Counseling Theory and Skills
2005-2006	FCS 4341 Medical Nutrition Therapy II
2005	FCS 4340 Medical Nutrition Therapy I
2005	FCS 3340 Human Nutrition
2004-2005; 2010-2011	FCS 4350 Community Nutrition & Education

### ***Central Washington University***

2007-2008	NUTR 448 Food Service Systems Management
2005	FCSN 448 Food Service Systems Management
1996	FCSN 541 Application in Dietetics

### ***Office of Superintendent of Public Instruction***

2005-2006	Marketing Fruits and Vegetables
2005	Special Nutrition Needs II
2004	Basic Nutrition

### ***Multi Care Health Systems***

2009-2011                                      Biggest Winner Series Weight Loss Program

### ***Tahoma School District***

2003    Basic Nutrition  
2002    Serving It Safe: Food Safety and Sanitation Curriculum  
2000    Offer vs. Serve School Food Service Regulations

### **UNIVERSITY SERVICE**

2022-present: College of Arts and Sciences Chairs' Council

2022-2023: Co-chair, MS in Nutrition program faculty search committee

2015-2022; Sept.-Dec. 2023: Chair, Seattle Pacific University Food and Nutritional Sciences Program

2015-2022: Faculty Advisor, Seattle Pacific University Food and Nutrition Club

2015-2020: Lead, Seattle Pacific University Nutrition and Dietetics Internship Program Planning Committee

2015-2018: Seattle Pacific University Foods Lab Director

Sept.-Dec. 2017: Seattle Pacific University Interim Community Kitchen Practicum Instructor

March-Dec. 2017: Seattle Pacific University Interim Community Kitchen Faculty Director

2014-present: Participation in various University marketing and recruiting events

2014-present: Faculty review, interview, and hiring committees

### **TEACHING SUMMARY**

- Experience teaching in accredited undergraduate and graduate programs.
- Develop and teach engaging and technologically infused curriculum utilizing in person, blended, and online learning formats.
- Oversee undergraduate field experience learning in hospitals, clinics, schools, and community centers, which includes student on-boarding procedures.
- Coordinate nutrition education presentations in local K-12 schools.
- Supervise experiential learning in SPU Foods Lab.
- Provide constructive feedback on papers, presentations, projects, laboratory exercises and exams.

## **DEPARTMENTAL ADMINISTRATION**

- Experience managing departmental budget, including procurement of monthly supplies for the FCS office and Foods Lab.
- Manage decision-making process and awarding of FCS student scholarships.
- Supervise FCS faculty, which includes conducting annual teaching observations, completing annual performance evaluations, and reviewing student course evaluations.
- Experience supervising administrative assistant and student employees.
- Hire and orient adjunct professors, which includes developing job postings, coordinating and leading interview panels, and providing support for new professors.
- Plan and lead FCS faculty meetings.
- Oversee departmental academic catalog and time schedule updates.
- Provide leadership and technical expertise surrounding academic program teach-out plans.

## **PROGRAM ADMINISTRATION**

### ***SPU Nutrition and Dietetics Internship program***

- Lead developer of the SPU Nutrition and Dietetics Internship program, which was granted candidacy status in 2019 and full accreditation in 2023 by the Accreditation Council of Education in Nutrition and Dietetics (ACEND).
- Oversee annual recruitment, review, and selection of dietetic interns through pre-selection and national match processes.
- Coordinate marketing and outreach efforts aimed at prospective dietetic interns through program website, listservs, and social media platforms.
- Vet preceptors and program facilities, and coordinate educational affiliation agreements between University administration, general counsel, and external organizations.
- Direct new student on-boarding and program orientation, including development of curriculum and learning activities, and coordination of hospitality and guest speakers.
- Manage program accreditation requirements, including preceptor training, intern evaluations, completion of program verification statements, student board exam registration, curriculum oversight, and assessment of RDN exam pass rates, program completion rates, and surveying of preceptors, alumni, and employers.
- Engage with advisory board for feedback on the application review process, curriculum, and supervised practice placement sites.

### ***SPU Didactic Program in Dietetics (DPD)***

- Oversaw SPU DPD curriculum, including evaluating and revising learning activities required by updated accreditation requirements, and assembled documentation of student achievement from all DPD courses.
- Managed program data, including RD exam pass rates, dietetic internship application and acceptance rates, graduation rates, and surveys of internship directors, senior students, and alumni.

- Supported DPD students through the dietetic internship application process, including navigating the online application system, resume and personal statement review, mock interviews, selecting programs, and writing letters of recommendation.
- Completed DPD verification statements and registered graduating students for the dietetic technician exam.

## **FACULTY MENTORING**

- Provide ongoing mentoring of early career FCS faculty and adjunct professors.
- Areas of support include academic advising, effective teaching strategies, curriculum development, handling challenging student issues, and utilization of educational technology in course development and execution.

## **ACADEMIC ADVISING**

- Advise undergraduate and graduate students in the SPU Nutrition and Dietetics Internship, Food and Nutritional Sciences, Nutrition and Dietetics, Sports Nutrition, Pre-Nursing, and Psychology programs.
- Provide assistance to students applying to dietetic internships, graduate school, and nursing and physician assistant programs.

## **SERVICE TEACHING**

- Planned, prepared, and served meals to the Tent City 3 community.
- Designed and presented nutrition curricula in underserved K-12 schools.
- Developed food and nutrition resources for use at food banks, resource fairs, and schools.
- Educated low-income, single mothers and their children on how to eat healthfully on a budget.

## **RESEARCH**

- Dissertation: Influences of Professors' Personality Traits, Teaching Styles, and Generational Affiliation on Technology Acceptance: A Mixed-Methods Exploration of Blended Learning Readiness
- Changes in Coronary Heart Disease Risk Among Japanese Exchange Students. C. Sweeney, **J. Freeman**, D.L. Gee, C. Maruyama, M. Waki, M. Tsushima, M. Hanaoka. *J. Am. Dietetic Assoc.* 99; A 1680 (1999). Atlanta, GA. 33
- Nutritional Status of Japanese Exchange Students: The Physiological Effects of Acute Dietary Changes and Coronary Heart Disease Risk. **J.K. Peterson**, D.L. Gee, M. Hanaoka, C. Maruyama, M. Tsushima and M. Waki. *International Congress of Nutrition*. Montreal, Canada, p 177, 1997.

## TEXTBOOK AUTHORSHIP

- Holli B., Beto J. *Nutrition Counseling and Education Skills: A Practical Guide. 8<sup>th</sup> ed.* Burlington, MA: Jones & Bartlett Learning; 2022.
- Co-wrote the following chapters: Chapter 11: Planning Learning; Chapter 12: Implementing and Evaluating Learning; Chapter 13: Delivering Oral Presentations; and Chapter 14: Using Instructional Media
- Appointed as lead author for Chapter 14: Using Instructional Media

## TEXTBOOK REVIEWS

- Khan, MA. *Foodservice Operations and Management: Concepts and Applications. 2<sup>nd</sup> edition.* Burlington, MA: Jones & Bartlett Learning; 2018.
- McGuire M, Beerman K. *Nutritional Sciences: From Fundamentals to Foods. 1<sup>st</sup> edition.* Boston, MA: Thomson-Wadsworth Publishing; 2005.

## SERVICE TO THE PROFESSION

2005	Washington State Food and Nutrition Council Conference Planning Committee
2004-2005	Washington State Food and Nutrition Council Nominating Committee
2002-2006	Office of Superintendent of Public Instruction Child Nutrition Services Ad Hoc Curriculum Committee
2002-2003	Dietetic Internship Preceptor, Utah State University, Food Service Management and Nutrition Education Rotations
1999-2000	Washington State Dietetic Association <i>Express</i> Newsletter Editor
1999-2000	Greater Seattle Dietetic Association Council on Practice Co-Chair
1999-2000	Washington School Food Service Association Continuing Education Co-Chair
1999	Washington State Food and Nutrition Council Conference Planning Committee
1998	Washington State Food and Nutrition Council Membership Committee
1993	Washington State Dietetic Association Student Dietitian Representative

## PROFESSIONAL MEMBERSHIPS

2024-present	American School Nutrition Association
2024-present	Washington School Nutrition Association
2024-present	International Society for Technology in Education
2010-present	Nutrition and Dietetic Educators and Preceptors Practice Group
1992-present	Academy of Nutrition & Dietetics
1992-present	Washington State Academy of Nutrition & Dietetics

**SERVICE AT MAPLE VALLEY PRESBYTERIAN CHURCH**

2014-2020	Ordained Deacon
2016-2020	Creator and Director, Youth Engagement Program
2002-2017	Sunday School Teacher
2010-2019	Vacation Bible School Teacher